

Meet/Location: Carmel Invitational
 January 15-17, 2009
 I.U.P.U.I. Natatorium
 901 W. New York Street
 Indianapolis, IN
 (It takes approximately 4.5 hours to reach the pool from GR)

Why are we going to a meet in In? We attend meets outside of our own state on occasion so swimmers can learn how to compete in an unfamiliar environment.
 We also believe it is important for swimmers to compete against new/unknown competition.

Eligibility: This meet is appropriate for Silver and above (Bronze with coach approval)
 Qualifying times apply (See order of events)

Format: **All Friday events, 10 & under events and all relays are timed finals.** The 1650 Free will be swum fastest to slowest seeded heats and may alternate women and men depending on the number of heats of each. **The Carmel Swim Club reserves the right to limit the number of heats in all individual events.**

A minimum of 32 swimmers per event will swim events #1 & 2 (Open 1650 Free). A minimum of 8 heats will be swum for events #3 & 4 (11-12 200 IM). A minimum of 6 heats will be swum for events #5 & 6 (Open 400 IM) and 11 & 12 (Open 500 Free). A minimum of 4 heats will be swum for events #7 & 8 (13-14 400 IM), #9 & 10 (11-12 500 Free) and #13 & 14 (13-14 500 Free). If time line allows, additional heats may be added.

All 1650 swimmers are required to provide one timer and one lap counter.

Preliminaries will be conducted Saturday and Sunday mornings for Open events, and Saturday and Sunday afternoons for 11-12 and 13-14 events. There will be consolation and championship finals for 11-12 and 13-14 age groups. There will be bonus, consolation and championship finals for the Open age group. All relays will be swum in the preliminary session.

Start Times: *Friday, January 15th*
 1650 Warm-up: 1:00pm; Start 2:00pm
 Other events Warm-up: 3:45pm; Start: 5:00pm

Preliminaries on Saturday and Sunday (Jan. 16&17)
 Morning (Open and 10&Unders)
 Warm-up: 6:30; Start 8am

Afternoon (11-12 and 13-14)
 Warm-up: 12:00pm; Start 1pm

Order of events:**Friday, January 15**

1650 Only: Warm-up 1:00 pm, Meet Starts at 2:00 pm E.S.T.:

Girls	Cut	Age Grp Event	Cut	Boys
1	19:58.89	Open *1650 Free	18:47.99	2
* Timed final event, swum fastest to slowest. The 1000 yard splits will be recorded.				
Warm up not before 3:45, Meet starts 5:00 EST:				
3	2:50.69	11-12 *200 IM	2:49.39	4
5	5:09.89	Open *400 IM	4:47.79	6
7	5:17.79	13-14 *400 IM	5:00.49	8
9	6:40.09	11-12 *500 Free	6:35.09	10
11	5:47.39	Open *500 Free	5:24.29	12
13	5:52.99	13-14 *500 Free	5:35.19	14

Saturday, January 16

Morning Session, Warm-ups 6:30 Meet Starts 8 am

Girls	Cut	Age Grp Event	Cut	Boys
15	3:19.39	10-Un *200 IM	3:18.09	16
17	2:26.99	Open 200 IM	2:15.09	18
19	39.79	10-Un *50 Fr	38.89	20
21	1:00.79	Open 100 Fr	55.19	22
23	1:57.49	10-Un *100 Fly	1:55.19	24
25	2:24.49	Open 200 Fly	2:13.39	26
27	53.59	10-Un *50 Br	53.59	28
29	1:15.69	Open 100 Br	1:08.89	30
31	1:45.69	10-Un *100 Bk	1:42.89	32
33	2:23.89	Open 200 Bk	2:12.39	34
35		10-Un *200 F.R.		36
37		Open *200 F.R.		38

*Timed Final event. All heats swum in preliminary session.

Afternoon Session, Meet starts not before 1 PM

39	2:31.49	11-12 200 Fr	2:27.49	40
41	2:30.49	13-14 200 IM	2:20.29	42
43	31.89	11-12 50 Fr	30.99	44
45	1:02.19	13-14 100 Fr	57.39	46
47	1:20.19	11-12 100 Fly	1:18.69	48
49	2:28.59	13-14 200 Fly	2:20.29	50
51	40.89	11-12 50 Br	40.79	52
53	1:17.59	13-14 100 Br	1:12.09	54
55	1:21.09	11-12 100 Bk	1:19.09	56
57	2:27.29	13-14 200 Bk	2:18.19	58
59		11-12 *200 F.R.		60
61		13-14 *200 F.R.		62

*Timed Final event. All heats swum in preliminary session.

Sunday, January 17

Morning Session, Warm-ups 6:30 Meet starts at 8 am

Girls	Cut	Age Grp Event	Cut	Boys
63	2:58.29	10-Un *200 Free	2:50.89	64
65	2:10.39	Open 200 Free	2:00.09	66
67	48.79	10-Un *50 Fly	47.29	68
69	1:06.29	Open 100 Fly	1:00.09	70
71	1:59.99	10-Un *100 Br	1:55.69	72
73	2:42.79	Open 200 Br	2:30.09	74
75	48.79	10-Un *50 Bk	49.19	76
77	1:06.59	Open 100 Bk	1:01.09	78
79	1:31.29	10-Un *100 Fr	1:29.19	80
81	27.99	Open 50 Fr	25.29	82
83		10-Un *200 M.R.		84
85		Open *200 M.R.		86

*Timed Final event. All heats swum in preliminary session.

Afternoon Session, Meet starts not before 1 PM

87	2:13.79	13-14 200 Free	2:05.29	88
89	35.09	11-12 50 Fly	35.19	90
91	1:07.79	13-14 100 Fly	1:02.89	92
93	1:29.29	11-12 100 Br	1:27.79	94
95	2:46.79	13-14 200 Br	2:36.29	96
97	36.79	11-12 50 Bk	36.49	98
99	1:08.49	13-14 100 Bk	1:04.19	100
101	1:08.29	11-12 100 Fr	1:07.89	102
103	28.69	13-14 50 Fr	26.29	104
105		11-12 *200 M.R.		106
107		13-14 *200 M.R.		108

Saturday Finals Event Order

Girls	Age Grp	Event	Boys
39	11-12	200 Fr	40
41	13-14	200 IM	42
17	Open	200 IM	18
43	11-12	50 Fr	44
45	13-14	100 Fr	46
21	Open	100 Fr	22
47	11-12	100 Fly	48
49	13-14	200 Fly	50
25	Open	200 Fly	26
51	11-12	100 Bk	52
53	13-14	200 Bk	54
29	Open	100 Br	30
55	11-12	100 Bk	56
57	13-14	200 Bk	58
33	Open	200 Bk	34

Sunday Finals Event Order

Girls	Age Grp	Event	Boys
87	13-14	200 Fr	88
65	Open	200 Fr	66
89	11-12	50 Fly	90
91	13-14	100 Fly	92
69	Open	100 Fly	70
93	11-12	100 Br	94
95	13-14	200 Br	96
73	Open	200 Br	74
97	11-12	50 Bk	98
99	13-14	100 Bk	100
77	Open	100 Bk	78
101	11-12	100 Fr	102
103	13-14	50 Fr	104
81	Open	50 Fr	82

