

Meet/Location: 20010 Tropical Challenge
January 15-17, 2010
Jenison High School Aquatics Center
2140 Bauer Rd.
Jenison, MI 49428

Directions to Jenison high School: Take I-196 west to Chicago Dr. Take the west exit (#69B). Turn right onto Main Street. Bear left onto Baldwin St. Bear right onto Cottonwood Dr. Turn left on Bauer Rd. Pool entrance is behind the high school by football field.

Eligibility: Blue and above.

Format: This meet will be a prelim/final format for all swimmers 11 and older. All 10 and unders will swim in an afternoon timed finals session. Relays will be offered in the 10 and under timed finals session, but will not be offered in the prelim session (11 & older).

All swimmers who qualify for finals must notify a coach of their intentions to participate before leaving pool.

Prelim results: You can check for prelim results by going to www.jenisonaquatics.org

Start Times: *Fri, Jan. 15 (Timed Finals - all ages)*
Warm-Up: 4:30 pm / Meet Start: 5:30pm

Sat, Jan. 16 (Prelims – 11 & over)
Warm-Up: 7:30 am/Start: 8:30 am

Sat, Jan. 16 (Timed Finals – 10 & under)
**Warm-Up: 12:30 pm/Start: 1:30 pm*

Sat, Jan. 16 (Finals – 11 & over)
Warm-Up: 4:30 pm / Start: 5:30 pm

Sun, Jan. 17 (Prelims – 11 & over)
Warm-Up: 7:30 am/Start: 8:30 am

Sun, Jan. 17 (Timed Finals – 10 & under)
**Warm-Up: 12:30 pm/Start: 1:30 pm*

Sun, Jan.18 (Finals – 11 & over)
Warm-Up: 4:00 pm / Start: 5:00 pm

**Note Sunday warm up and start time is 30 minutes earlier than Friday and Saturday afternoon sessions*

Check-in/
Marshaling:

Check in closes 15 minutes prior to the start of each session.

There is no check-in for finals.
 All events are self-marshal
Please arrive 15 minutes before warm-up

Entry Info: 10&Unders can swim 4 individuals per day
 11&Overs can swim 3 individuals per day
 Coaches will determine all events and relays
 Individual events: \$5.00
 MS Surcharge: \$1.00
 Coach Fee: \$10.00 per swimmer (Max of \$20 per family)
Entries are due Tuesday, Dec. 15

Awards: PRELIMINARIES – No awards will be awarded for preliminary events. However, random prizes for all age groups will be given.
 FINALS & TIMED FINALS – All 12 & under individual events will have medals awarded for 1st – 8th and finalist ribbons awarded for 9th – 16th. Relays will have medals awarded for 1st-3rd and finalist ribbons awarded 4th-8th. There are no awards for 13/14 and 15 & over age groups.

Other info: For many swimmers, this may be their first experience with a prelim/finals meet.
 It is important that they do not leave until they find out if they are in the finals.
 Swimmers who leave and have not declared their intentions to a coach will be scratched from finals.

Order of Events:

GIRLS

EVENTS

BOYS

FRI EVENING: Warm-ups 4:30 PM; Events 5:30 PM

Please Note: We may limit the number of heats in these events to assure the evening session is completed at a reasonable hour.

1	Open	500	Free	2
3	12 & U	500	Free	4
5	Open	400	I.M.	6
7	12 & U	200	I.M.	8
9	Open	1000	Free	10

SAT MORNING: Warm-up: 7:30 AM; Events: 8:30 AM

PRELIMS

11	Open	50	Fly	12
13	11 & 12	200	Free	14
15	13 & 14	200	Free	16
17	15 & Over	200	Free	18
19	11 & 12	50	Breast	20
21	13 & 14	100	Breast	22
23	15 & Over	100	Breast	24

25	11 & 12	100	Back	26
27	Open	200	Back	28
29	11 & 12	50	Fly	30
31	13 & 14	100	Fly	32
33	15 & Over	100	Fly	34
35	11 & 12	50	Free	36
37	13 & 14	50	Free	38
39	15 & Over	50	Free	40
41	Open	50	Breast	42

SAT AFTERNOON: Warm-up: 12:30; Events: 1:30 PM.

EVENTS

43	10 & U	200	Free	44
45	8 & U	25	Breast	46
47	10 & U	50	Breast	48
49	10 & U	100	Back	50
51	8 & U	25	Fly	52
53	10 & U	50	Fly	54
55	8 & U	50	Free	56
57	10 & U	100	Free	58
59	8 & U	100	Mixed Medley Relay	59
60	10 & U	200	Mixed Medley Relay	60

GIRLS

EVENTS

BOYS

SAT EVENING: Warm-ups 4:30 PM; Events 5:30 PM

FINALS

11	Open	50	Fly	12
13	11 & 12	200	Free	14
15	13 & 14	200	Free	16
17	15 & Over	200	Free	18
19	11 & 12	50	Breast	20
21	13 & 14	100	Breast	22
23	15 & Over	100	Breast	24
25	11 & 12	100	Back	26
27	Open	200	Back	28
29	11 & 12	50	Fly	30
31	13 & 14	100	Fly	32
33	15 & Over	100	Fly	34
35	11 & 12	50	Free	36
37	13 & 14	50	Free	38
39	15 & Over	50	Free	40
41	Open	50	Breast	42

SUN MORNING: Warm-up: 7:30 AM; Events: 8:30 AM

PRELIMS

61	Open	50	Back	62
63	11 & 12	100	Fly	64
65	Open	200	Fly	66
67	11 & 12	100	Free	68
69	13 & 14	100	Free	70
71	15 & Over	100	Free	72
73	11 & 12	100	IM	74
75	Open	200	IM	76
77	11 & 12	50	Back	78
79	13 & 14	100	Back	80

81	15 & Over	100	Back	82
83	11 & 12	100	Breast	84
85	Open	200	Breast	86

SUN AFTERNOON: Warm-up: 12:30; Events: 1:30 PM.

EVENTS

87	10 & U	100	Fly	88
89	8 & U	25	Free	90
91	10 & U	50	Free	92
93	8 & U	100	IM	94
95	10 & U	100	IM	96
97	8 & U	25	Back	98
99	10 & U	50	Back	100
101	10 & U	100	Breast	102
103	8 & U	100	Mixed Freestyle Relay	103
104	10 & U	200	Mixed Freestyle Relay	104

SUN EVENING: Warm-ups 4:00 PM; Events 5:00 PM

**Note Sunday warm up and start time is 30 minutes earlier than Friday and Saturday afternoon sessions*

FINALS

61	Open	50	Back	62
63	11 & 12	100	Fly	64
65	Open	200	Fly	66
67	11 & 12	100	Free	68
69	13 & 14	100	Free	70
71	15 & Over	100	Free	72
73	11 & 12	100	IM	74
75	Open	200	IM	76
77	11 & 12	50	Back	78
79	13 & 14	100	Back	80
81	15 & Over	100	Back	82
83	11 & 12	100	Breast	84
85	Open	200	Breast	86