



Waves practice schedule 2010-2011

Below is our normal practice schedule

Late Start begins October 25

Practices do change sometimes due to events at the high school

For up-to-date changes, see the two week calendar on our homepage or call the hotline (460-5630)

	Pre-comp	Blue	Bronze	Silver	Gold	Senior
Practice place	Wealthy and EGR	Wealthy and EGR	Wealthy, MAC and EGR	EGR	EGR	EGR
Sept. 13-Nov. 5	T&Th @Wealthy 6-6:45pm F @EGR 6-6:30pm	M&W or T&Th @Wealthy 5:15-6pm F @EGR 6:30-7:30pm	M&W or T&Th @Wealthy 4-5:15pm MAC T&Th 7:20-8:35pm F @EGR 6:30-8pm	M-Th 6-7:30pm F 6:30-8pm	M-F 6-8pm	<i>Nat/Sect/State</i> M&W 6-8:30pm T&Th 6-8pm F 5:30-7:00am <i>Jr-Sr</i> M-Th 6-8pm F 5:30-7:00am <i>Condition</i> M-Th 6-8pm, F 5:30-7am
Nov. 8 - Dec. 17	Session 1 ends Nov. 19 Session 2 Nov. 29 - Dec. 17 and Jan. 3 - Feb. 18 same practice schedule	Same schedule	Same schedule	M-Th 7-8:30pm F 6:30-8pm	M-Th 7-9pm F 6-8pm	Same schedule

	Pre-comp	Blue	Bronze	Silver	Gold	Senior
Dec. 20-Jan. 1	No practice	@EGR Dec. 20-23 and 27-30 6-7pm	@EGR Dec. Dec 20-23 and 27-30 7-8pm	@EGR Dec. 20-23 and 27-30 6-7:30pm	Dec. 20-23 and 27-30 10am-12pm & 6-8pm. Dec. 24 and 31 10am-12pm.	Dec. 20-23 and 27-30 10am-12pm & 6-8pm. Dec. 24 and 31 10am-12pm.
Jan. 3-14	T&Th @Wealthy 6-6:45pm F @EGR 6-6:30pm	M&W or T&Th @Wealthy 5:15-6pm F @EGR 6:30-7:30pm	M&W or T&Th @Wealthy 4-5:15pm MAC T&Th 7:20-8:35pm F @EGR 6:30-8pm	M-Th 7-8:30pm F 6:30-8pm	M-Th 7-9pm F 6-8pm	<i>Nat/Sect/State</i> M&W 6-8:30pm T&Th 6-8pm F 5:30-7:00am <i>Jr-Sr</i> M-Th 6-8pm F 5:30-7:00am <i>Condition</i> M-Th 6-8pm, F 5:30-7am
Jan. 17 - Feb. 24	Pre-comp done Feb. 18	M&W or T&Th @Wealthy 5:15-6pm F @EGR 6:30-7:30pm	M&W or T&Th @Wealthy 4-5:15pm MAC T&Th 7:20-8:35pm F @EGR 6:30-8pm	M-Th 6-7:30pm F 6:30-8pm	M-F 6-8pm	<i>Nat/Sect/State</i> M&W 6-8:30pm T&Th 6-8pm F 5:30-7:00am <i>Jr-Sr</i> M-Th 6-8pm F 5:30-7:00am <i>Condition</i> M-Th 6-8pm, F 5:30-7am

Championship practice schedule

All at EGR Pool	Jr Olympic swimmers	12&Under State swimmers	Sectionals/13&Over State swimmers
Feb 28 - March 4	6-7pm	6-7:30pm	6-8pm. Senior conditioning continues until March 11.
March 7-11	NA	6-7:30pm	6-8pm. Senior conditioning continues until March 11.
March 14-18	NA	NA	6-7:30pm (13&O State swimmers) 6-8pm (Sectional swimmers)
March 21-25	NA	NA	6-7:30pm Sectional swimmers

Spring and Summer 2011

	Pre-comp	Blue	Bronze	Silver	Gold	Senior
Practice place	Wealthy and EGR	Wealthy and EGR	Wealthy and EGR	EGR	EGR	EGR
March 21 - March 30 <i>Preseason</i>	N/A	N/A	N/A	N/A	M-F @EGR 6-8pm	M-F @EGR 6-8pm
April 11 - June 10	T&Th @Wealthy 6-6:45pm F @EGR 6-6:30pm Session 1 ends June 5	T&Th @Wealthy 5:15-6pm F @EGR 6:30-7:30pm	T&Th @Wealthy 4-5:15pm F @EGR 6:30-8pm	M-Th 6-7:30pm F 6:30-8pm	M-F 6-8pm	<i>Nat/Sect/State</i> M&W 6-8:30pm T&Th 6-8pm F 5:30-7am <i>Jr-Sr</i> M-Th 6-8pm F 5:30-7:00am <i>Condition</i> M-Th 6-8pm, F 5:30-7am

	Pre-comp	Blue	Bronze	Silver	Gold	Senior
June 13 - July 22 (July 22 is the last practice for all swimmers not going to State. Senior continues until July 29.)	M-F @EGR 10:30-11:30am	M-F @EGR 10:30-11:30am	M-F @EGR 10:30-11:30am	M-F @EGR 9-10:30am Long Course TBD	M-F @EGR 9-11am Long Course TBD	All Senior groups M-F @EGR 7-9am <i>Nat/Sect/State/ Jr-Sr Long Course</i> TBD
July 4 - July 11 MHSAA Dead Week Period (Only affects 7-12th graders)	M-F @EGR 10:30-11:30am	M-F @EGR 10:30-11:30am	M-F @EGR 10:30-11:30am	M-F @EGR 9-10:30am	TBD	TBD
July 25-28	N/A	N/A	N/A	N/A	N/A	M-Th @EGR 7-9am

*MHSAA Dead Week applies to any 7-12th grader. 7-12th graders will not be practicing at EGR during that week to comply with the rule. An alternative site will be secured and communicated at a later date.

Championship Schedule Summer 2011

	State Swimmers	Zone Swimmers
July 25 - July 28	M-Th @EGR 9-10:30am Long Course TBD	M-Th @EGR 9-10:30am Long Course TBD
August 1-3	N/A	@EGR 9-10:30am

